

**INTEGRATED BEHAVIORAL HEALTH  
REQUEST FOR CONTINUED MEDICATION MANAGEMENT**

Insured SS#: \_\_\_\_\_

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: M F Report Date: \_\_\_\_\_

Insured Name: \_\_\_\_\_ Employer: \_\_\_\_\_

Practitioner Name: \_\_\_\_\_ License #: \_\_\_\_\_ License Type: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

**1. TREATMENT HISTORY** (For current episode)

- a. Date began this treatment: \_\_\_\_\_
- b. Date of last treatment certification request: \_\_\_\_\_
- c. GAF at onset of treatment: \_\_\_\_\_

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(FOR OFFICE USE ONLY)

**2. DSM IV Dx:** (All 5 Axes must be completed)

	<b>Code</b>	<b>Name</b>
Axis I (1):	_____	_____
Axis I (2):	_____	_____
Axis II:	_____	_____
Axis III:	_____	_____

Axis IV (Stressors): \_\_\_\_\_  
 Axis V: Current GAF: \_\_\_\_\_  
 Highest GAF Past Year: \_\_\_\_\_

**3. SYMPTOMS** (Current symptoms that justify diagnosis.):

**4. REQUESTED SERVICES**

	<b>Sessions to Date</b>	<b>Requested Sessions</b>	<b>Frequency (circle week or month)</b>	<b>Requested Cert Period (Dates)</b>	
				<b>From</b>	<b>To</b>
Pharmacotherapy Mgmt. (90862)	_____	_____	(at _____/week/month)	_____	_____
Therapy w/meds mgmt * (90805/90807)	_____	_____	(at _____/week/month)	_____	_____

\*NOTE: PLEASE ATTACH DETAILED RATIONALE FOR REQUESTING EXTENDED SERVICES INCLUDING SPECIFIC BEHAVIORAL GOALS AND STRATEGIES.

**5. PROGRESS:**

- a. Overview of Progress since last report (Please document any significant change in functioning):
  
  
  
  
- b. Rationale for medications changes and response:

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**6. MEDICATIONS**

Insured SS# \_\_\_\_\_

<u>Meds Discontinued</u> Name	<u>Meds Started</u> Name	<u>Meds Started</u> Dosage/Frequency	<u>Meds Continued</u> Name	<u>Meds Continued</u> Dosage/Frequency
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

7. If patient is on lithium, carbamazepine or valproic acid, please give the most recent blood level:

Medication: \_\_\_\_\_ Blood level: \_\_\_\_\_ Date: \_\_\_\_\_

Medication: \_\_\_\_\_ Blood level: \_\_\_\_\_ Date: \_\_\_\_\_

**8. MEDICATION TREATMENT GOALS**

**MEDICATION FOR EACH GOAL**

1. GOAL: \_\_\_\_\_

\_\_\_\_\_

AS MEASURED BY: \_\_\_\_\_

\_\_\_\_\_

2. GOAL: \_\_\_\_\_

\_\_\_\_\_

AS MEASURED BY: \_\_\_\_\_

\_\_\_\_\_

3. GOAL: \_\_\_\_\_

\_\_\_\_\_

AS MEASURED BY: \_\_\_\_\_

\_\_\_\_\_

*(NOTE: All services must be pre-certified by each provider)*

**9. Other Service Providers:**

a. Other providers be involved in treatment: License Type:  M.D.  Ph.D./Psy.D.  MFT/LCSW

b. Please indicate Provider Name: \_\_\_\_\_  
*(Please Print)*

c. Services to be provided:  Medications  Marital/Family Therapy  Individual Therapy  Evaluation/Assessment  
 Group  Other \_\_\_\_\_ Document date of last contact with this provider: \_\_\_\_\_

**10. Termination Plan:**

a. Anticipated duration of medication management: \_\_\_\_\_

b. Prognosis (based on what indicators?):  Good  Fair  Poor \_\_\_\_\_

c. Compliance with medication:  Good  Fair  Poor  
Plans to address problems with compliance if it is not rated " Good": \_\_\_\_\_

**PROVIDER NAME** (please print): \_\_\_\_\_

I acknowledge that I am personally providing the treatment services requested herein (with the exception of those stated in item 9).

\_\_\_\_\_  
**Physicians Signature**

\_\_\_\_\_  
**Date**

Return to: **IBH/** Care Management Service, P. O. Box 30018, Laguna Niguel, CA 92607-0018; Confidential FAX (714)556-5430